Chrysotile asbestos represents ninety-five percent of all asbestos sold over the past century. For more than two decades the global asbestos trade has consisted entirely of chrysotile asbestos. For this reason, it has been imperative for the asbestos industry, in order to ensure its survival, to claim that chrysotile asbestos can be used safely and that only other amphibole forms of asbestos are harmful.

The scientific evidence is overwhelming that chrysotile asbestos causes deadly diseases, such as asbestosis, mesothelioma, lung, and other cancers, and that use of chrysotile asbestos should stop. The asbestos industry has, therefore, spent millions of dollars paying scientists to carry out a misinformation campaign to deny the scientific evidence and claim that, while amphibole asbestos causes harm to health, chrysotile asbestos does not.

The lung fibre count fallacy

In 2005, the asbestos lobby organization (the Asbestos Institute in Quebec) paid toxicologist David Bernstein a million dollars to develop and publish an article that argued that chrysotile asbestos can be safely used. The expedient theory that Bernstein created was that "low exposures to pure chrysotile do not present a detectable risk to health" because chrysotile asbestos fibres are quickly expelled from the lungs. The Asbestos Institute was thrilled and put out a media release stating that it was buoyed by the results of Bernstein’s biopersistence in the lungs study and would focus on disseminating the results of the study to international bodies. Bernstein’s “biopersistence” theory was based on flawed experiments with rats and mice. In 2013, Bernstein invoiced two asbestos lobby organizations $200,000 to write a second article repeating the same argument.

As well as being used to promote the sale of asbestos, this misleading argument focused on asbestos fibres in the lungs, also being exploited to unjustly deny compensation to workers harmed by chrysotile asbestos in Germany and elsewhere. There are several key concerns regarding Bernstein’s discredited scientific argument. For one, chrysotile asbestos fibres accumulate in the pleura surrounding the lung, which is the location where pleural mesothelioma occurs. As the Collegium Ramazzini notes, “Multiple studies have demonstrated that chrysotile fibers are the predominant type of asbestos fiber found in pleural mesothelioma tissue. The relative abundance of chrysotile fibers in mesothelioma tissue contrasts with their relative scarcity in lung tissue.” The absence of chrysotile asbestos fibres in the lungs does not constitute evidence of lack of harm. The evidence is overwhelming that people who have been exposed to chrysotile asbestos develop deadly asbestos-related diseases. Tobacco smoke is quickly expelled from the lungs but causes lung cancer.

As noted by the International Network for Epidemiology in Policy, every reputable scientific body in the world that has examined the health risks of chrysotile asbestos has rejected Bernstein’s theory that chrysotile asbestos fibres...
are harmless.\textsuperscript{21} Only the asbestos industry and scientists with financial ties to asbestos interests support Bernstein’s theory.\textsuperscript{22,23}

Over the past decade, asbestos interests have paid Bernstein millions of dollars to write articles and to lobby governments around the world and United Nations (UN) institutions to deny harm caused by chrysotile asbestos and promote the use of chrysotile asbestos in homes, schools, buildings, and infrastructure.\textsuperscript{24} He has been a regular participant at the strategy meetings of the international asbestos lobby organization (International Chrysotile Association) and has been paid by the asbestos industry to make presentations promoting chrysotile asbestos in India, Zimbabwe, Malaysia, Brazil, Philippines, Quebec, Ukraine, Mexico and elsewhere.\textsuperscript{25,26,27} The millions of dollars that asbestos interests have paid Bernstein have served their interests well. Bernstein’s discredited biopersistence in the lungs theory is the leading propaganda weapon used by the asbestos industry to continue its deadly trade.

It is noteworthy that in strategizing to block the listing of chrysotile asbestos as a hazardous substance at the UN Rotterdam Convention Conference of the Parties, which will take place in Geneva from April 29 to May 9, 2019, as the Convention’s scientific committee has repeatedly recommended, asbestos interests plan to use Bernstein’s 2003 article, “Biopesistence of Canadian Chrysotile Asbestos by Inhalation”, to argue that chrysotile asbestos is not hazardous.\textsuperscript{28,29}

Using lung fibre counts to dismiss compensation claims of asbestos victims

In countries where asbestos has been banned, the issue of asbestos fibres in the lungs is being used in a different but equally deceptive manner by vested interests, such as insurance entities, in order to reject compensation claims from workers. In Germany, about 10,000 workers have had their compensation claims unjustly dismissed on the basis of this false argument that, for a claim to be upheld, there must be evidence of chrysotile asbestos fibres in the worker’s lungs.\textsuperscript{30,31}

In an article published in the European Respiratory Journal, the authors claim to be putting forward new, significant evidence in support of requiring chrysotile asbestos fibres to be found in workers’ lungs when considering workers’ compensation claims.\textsuperscript{32} The authors state that their article provides “new insights” and that “This issue is of high significance for differential diagnosis, risk assessment, and occupational compensation.”

Far from being insightful, the article lacks credibility. As Oliver et al. point out,\textsuperscript{31} the study design is faulty: “Significant scientific problems in patient/sample selection and applied methods exist. First, the small sample size: only 12 (0.05%) of the 23,955 cases were analyzed with two investigations; only six had electron microscopic examination of tissue.” The article’s assertions are, however, financially beneficial to insurance entities with whom the authors have direct, undeclared, financial ties.\textsuperscript{33}

In a media release promoting their article, the authors state: “Last but not least, the question of the detectability of asbestos fibers in the lungs is crucial for assessing the risk of asbestos in the workplace. From this follows the decision as to whether a lung disease can be recognized as an occupational disease so that those affected are entitled to compensation.” (Translation)\textsuperscript{34}

The authors falsely claim that the scientific community has not yet concluded whether or not chrysotile asbestos is hazardous. Shamefully, they cite Bernstein’s discredited, asbestos-industry-funded articles as “evidence” of this alleged uncertainty in the scientific community regarding chrysotile asbestos. In this way, the authors irresponsibly manufacture doubt.

Reputable scientific organizations, such as the Collegium Ramazzini, have specifically pointed out how relying on lung fiber counts in determining worker compensation cases is unjust and unacceptable:

Asbestos fiber counts obtained from human lung tissue are now recognized to be a highly insensitive measure of past exposure to chrysotile asbestos. Chrysotile asbestos fibers are now well documented to have only a short residence time in lung tissue, and therefore their measurement in the lung cannot be used as a measure of cumulative past exposure. For these reasons, relying on lung tissue analysis for the diagnosis and compensation of asbestos-related disease - while ignoring the history of occupational exposure - is unacceptable.\textsuperscript{35}

As the Collegium Ramazzini document concludes: “... the Collegium Ramazzini emphasizes that a carefully obtained history of occupational exposure to asbestos is the cornerstone of an accurate diagnosis of the diseases caused by asbestos.”

Workers were subjected to gross injustice when corporations and governments allowed them to be exposed to asbestos harm long after it was known that all asbestos is deadly. It is unconscionable that now the workers and their families are being subjected to further gross injustice by the denial of compensation to which they are entitled on the basis of inaccurate, distorted scientific arguments.

A number of organizations representing and advocating for asbestos victims in Germany, France, Switzerland, Belgium, the UK, Canada, India, Australia, USA, Chile and Brazil called on the European Respiratory Journal (ERJ) to retract the Feder et al. article because it is deceptive and will cause harm to asbestos victims.\textsuperscript{36}

The ERJ refused to do so and declined to publish their letter to the editor.\textsuperscript{38}
The ERJ has a policy of refusing submissions and work from authors with ties to the tobacco industry. This is a policy to be lauded. Like the tobacco industry, the asbestos industry has a long, sordid history of distorting and suppressing scientific evidence and corrupting government policy, resulting in huge numbers of painful, preventable deaths. Bernstein worked for eighteen years for the tobacco industry before switching to serving the asbestos industry. Journals, like Critical Reviews in Toxicology, which published Bernstein’s million-dollar-asbestos-industry-funded article, and many other articles denying harm caused by chrysotile asbestos, was run by editors and scientists with deep financial ties to the tobacco industry and published articles denying tobacco harm.89

The ties and similarities between the asbestos industry and the tobacco industry are clear.40,41

It is time that the European Respiratory Journal and reputable scientific journals adopt a policy to refuse submissions from authors with ties to asbestos interests who put forward discredited and deceptive arguments to deny or manufacture doubt about harm caused by asbestos.

Acknowledgments: No funding was received for this article.

Disclosures: The lead author, Kathleen Ruff, has no conflicting interests. She works pro bono to stop the continuing sale of asbestos and to call for just compensation for asbestos victims. The co-authors represent organizations working towards a global ban on asbestos and to achieve just compensation for asbestos victims. Some of these organizations at times receive donations from asbestos victims and their families, public charities, trade unions and lawyers involved in representing asbestos victims.

References

18. Landrigan P.J, Lemen RA on behalf of the Collegium Ramazzini. Letter to the Editor (April 4, 2018) concerning the paper “Histological findings and lung dust analysis as the


27. International Chrysotile Association, Minutes, Executive Committee meeting, November 29, 2011.


Appendix A: Examples of payments made to David Bernstein by the International Chrysotile Association and other asbestos interests

- **Payment by Union Carbide Corporation to David Bernstein, 2003 and 2005**

  In The Circuit Court Of The 11th Judicial Circuit In And For Miami-Dade County, Florida, Asbestos Litigation, Case No. 07-03229 Ca 42. Defendant Union Carbide Corporation’s Supplemental Objections and Responses to Plaintiff’s Second Set of Interrogatories, dated August 9, 2007:

  “David M. Bernstein: In 2003 and 2005 respectively, Dr. Bernstein and others published two studies concerning the biopersistence of Calidria chrysotile asbestos. Those studies, as disclosed in the papers, were sponsored by Union Carbide. The total amount paid to support the studies was approximately $400,623.20, which included all costs associated with the studies.”

- **Email from David Bernstein to Clément Godbout, President, International Chrysotile Association, April 16, 2010**

  De: David Bernstein [mailto:davidb@itox.ch]
  Envoyé: 16 avril 2010 02:45
  A : ICA; 'Jacques Dunnigan'
  Objet: Re: Revisit the health risk assessment of chrysotile

  Dear Clement,

  Thank you very much for the confirmation. I look forward (sic) working with you and Jacques on this study.

  I just returned from Jakarta where the presentations were well received. Sri said that the government was very positive about continuing the use of chrysotile in Indonesia. In addition to the presentations on the substitutes and the scientific perspectives (sic), Sri asked me to present the presentation on the WHO’s asbestos stance. This was given for both the government audience and the physicians/university audience (sic) and well received by both. The Indonesian WHO representative was present and was very impressed.

  Best regards,
  David
  David M. Bernstein, Ph.D.
  Consultant in Toxicology
  40 chemin de la Petite-Boissiere
  1208 Geneva, Switzerland

- **Email from David Bernstein to Clément Godbout, President, ICA, 30 September 2010**

  Invoice to : The international Chrysotile Association (ICA)
  RE : « On the Need to Revisit the Health Risk of Chrysotile »
  Geneva, 30 September 2010

  INVOICE : no. 009021

  For Services rendered for the period of September 2010

  • Revision and preparation of 5th & 6th draft reports in coordination with Jacques Dunnigan on the need to revisit the health risk assessment of chrysotile asbestos.
  • Revision of letter of invitation to co-authors and follow-up.
  • Preparation & presentation at ICA Executive Board meeting, 8 September, Zurich

  3.5 days Honorarium (2,800 SF/day) ................................................. 9,800.00 Swiss Francs
  Expenses: (reprints. tel, etc.) .................................................. 200.00 Swiss Francs
  Travel Expenses: (see attached itemization) ....................... 214.00 Swiss Francs

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Total: ................................................................. 10,214.00 Swiss Francs

Please submit payment within 20 days by direct bank transfer to:
David M. Bernstein, Ph.D.

INVOICE: NO. 005024 for Services rendered for the period of April - May 2011


8 days
Honorarium (2,800 SF/day) 22,400.00 SF
Expenses: (reprints, tel, etc.) 400.00 SF
Travel Expenses (see attached itemization) 7,367.45 SF
TOTAL 30,167.45 SF

• Email from David Bernstein to Jean-Marc LeBlond, President, ICA, November 30, 2011

Dear Jean-Marc,

It was a pleasure seeing you again and working with you and the ICA in Dubai.

As agreed, I am sending you my invoice for the honorarium and expenses for the work requested during November 2011.

With best regards,

Sincerely yours,

David

David M. Bernstein, Ph.D.

INVOICE: no. 011022 for Services rendered for the period of November 2012


• Email from David Bernstein to Chrysotile Institute, November 23, 2012

David M. Bernstein, Ph.D. CONSULTANT IN TOXICOLOGY
40 ch. de la Petite-Boissiere
Geneva Switzerland, CH-1208
To: Chrysotile Institute, 1200 rue McGill College, Bureau 1640, Montreal (Quebec), Canada H3B 4G7

23 November 2012

INVOICE: no. 011022 for Services rendered for the period of November 2012
Chrysotile Heath Risk Revisited: Revisions of the manuscript.
Honorarium manuscript (2,800 SF/day) .................. 10,000.00 Swiss Francs

Total: ........................................................................................................... 10,000.00 Swiss Francs

Please submit payment within 20 days by direct bank transfer to:
David M. Bernstein, Ph.D.

- **Email from Pigg, ICA Treasurer, November 27, 2012**

  Subj:  Re: Travel Expenses & Fees for Kiev Scientific Conference, Nov. 21-22, 2012
  Date: 11/27/2012
  From:  AIABJPIGG@AOL.COM
  To:  david
  CC:  godbout, leblond

  Dear David,

  This will confirm that the following wire transfer was made earlier today, Nov. 27, 2012, to your new bank
  coordinates in Geneva:

  13,636.04 – Travel expenses & Fees for Kiev Conference
  10,000.00 – Services rendered for October 2012
  10,000.00 – Services rendered for November 2012

  Total: 33,636.04 Swiss Francs

- **Email from Jean Marc Leblond, ICA President, January 24, 2013**

  Subj: Reprints - Health Risk of Chrysotile Revisited
  Date: 1/24/2013 11:59:41 A.M. Eastern Standard Time
  From: jmarchleblond@2011ica.com
  To: davidb@itox.ch
  CC: clgod@bell.net, aiabjpigg@aol.com

  Dear David:

  Thanks for your recent messages. Glad to see that you managed to send copy to the Rotterdam
  Convention Secretariat.

  Of course, please proceed reprints with a cover as you proposed and send charges to Mr. Bob Pigg.
  Please arrange to send these reprints to my attention at:

  ICA
  1699 Boul. Frontenac East
  Thetford Mines (Quebec)
  CANADA G6G 6P6

  We will arrange to distribute to various ICA (sic) members and associates.

  Keep well.

  Best regards,

  Jean-Marc Leblond

- **Email from David Bernstein to ICA re “our” publication, January 24, 2013**
From: David Bernstein  
Sent: Thursday, January 24, 2013 7:08 AM  
Thursday, January 24, 2013 AOL: AlABJPigg  
ICA-Pigg 136  
To: C GODBOUT  
Cc: Jean-Marc Leblond; Bob Pigg  

Subject: Re: Chrysotile references  

Dear Clement,  

Thanks for your confirmation.  

Also can you let me know to whom the reprints should be addressed?  

Finally, if you have not seen this, our publication is already distributed in the European Commission.  
httplyoutu.be/nYJFC-jrC-A  

Best regards,  

David